

# ACADEMY OF DENTAL SLEEP MEDICINE

Expanding the Science of Dentistry

# SLEEP APNEA SCREENING FOR DENTISTS - POLITICAL MEANS AND PRACTICAL PERFORMANCE

2:00pm - 3:00pm

#### SPEAKER:

Nikolaus Netzer, M.D., Ph.D. and Susanne Schwarting, D.D.S.

#### **TARGET AUDIENCE:**

Sleep Physicians, sleep disorders dentists, and health care providers.

#### **OBJECTIVES:**

- 1. Present the need for a broader spectrum of physicians who screen patients for sleep apnea.
- 2. Discuss difficulties in screening for sleep apnea.
- 3. Discuss if the dentists and family physicians offices are the right place for screening.
- 4. Present feasibility of screening methods.
- 5. Explaining the important role dentists can play in identifying patients with SDB from the vast majority of undiagnosed sufferers and initiating a further diagnostic process.
- 6. Understanding an easy way of monitoring patients during the MAD adjustment process to obtain the individual optimum before referring them for control PSG.



### Nikolaus Netzer, M.D., Ph.D.



Dr. Nikolaus Netzer is the director of the Clinic for Sleep Disorders in Bayerisch Gmain, Germany. Dr. Netzer received his medical degree from the Universities of Munich and received his doctoral degree from the same institution. He holds membership with several membership organizations and has also served as the editor of Sleep and Breathing since 1996. Dr. Netzer is the author of several peer-reviewed original articles, reviews, editorials, book chapters and abstracts.

## Susanne Schwarting, D.D.S.

Dr. Susanne Schwarting is a dentist in Kiel, Germany, with a practice devoted to dental sleep medicine. She systematically established an interdisciplinary collaboration with sleep physicians, pulmonologists and ENT specialists in her region. She is a credentialed member of the Academy of Dental Sleep Medicine, USA, a founding member and president of the German Society of Dental Sleep Medicine and a founding member and on the board of the European Dental Sleep Medicine Academy. She lectures to sleep physicians and dentists in Europe on the dental treatment of sleep disordered breathing and is initiator of workgroups on dental sleep medicine in England, Austria and Italy. Her vision for 2005 is to organize a challenging symposium on dental sleep medicine in Berlin as a satellite of the WASM to move dental sleep medicine ahead.

