

GENERAL INFORMATION

SPEAKERS

Aarab, Ghizlane, Amsterdam, The Netherlands  
Cohen-Lévy, Julia, Paris, France  
Demko, Gail, Boston, Massachusetts, USA  
Abramson, Mark, Redwood City, California, USA  
Doff, Michiel H. J., Groningen, The Netherlands  
Dookun, Roy, Guernsey, United Kingdom  
Fleury, Bernard, Paris, France  
Franklin, Karl A., Umeå, Sweden  
Fransson, Anette, Örebro, Sweden  
Gagnadoux, Frederic, Paris, France  
Hoekema, Aarnoud, Groningen, The Netherlands  
Johal, Ama, London, United Kingdom  
Jones, Quentin, Cardiff, United Kingdom  
Lefèvre, Marc, London, United Kingdom  
Leysen, Jo, Turnhout, Belgium  
Marklund, Marie, Umeå, Sweden  
Nelissen, Jef, Antwerpen, Belgium  
Netzer, Nikolaus, Bad Aibling, Germany  
Peltomäki, Timo, Zurich, Switzerland  
Rose, Edmund, Freiburg, Germany  
Schwartz, Susanne, Kiel, Germany  
Vanderveken, Olivier, Antwerpen, Belgium

GENERAL INFORMATION

SCIENTIFIC PROGRAMME DIRECTOR

Marie Marklund, Assoc. Prof., D.D.S., PhD, Sweden

ORGANIZATION / REGISTRATION / EXHIBITION

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LANGUAGE

The official language of the symposium is English.

REGISTRATION FEES

*EADSM Course, 3 October 2008*

Member EADSM	325.00 €
Non-member	425.00 €

*EADSM Symposium, 4 October 2008*

Member EADSM	150.00 €
Non-member	300.00 €

Get Together Dinner	35.00 €* *price per person
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Please register online at [www.eadsm.org](http://www.eadsm.org) or by returning the enclosed form to the EADSM Office

CERTIFICATION

The EADSM Symposium and the Introductory Course will be certified by the German Dental Association.

CME Credits are requested.  
A certificate of attendance can be picked up at the registration desk on site before leaving the symposium.

GENERAL INFORMATION

SPONSORS AND EXHIBITORS

Laboratoires Narval  
Orthosleep  
Scheu-Dental  
SomnoDent  
RespiDent

ACCOMMODATION

Hotel reservation at the NH Hotel Berlin-Mitte  
via [www.eadsm.org](http://www.eadsm.org).

TRAVEL INFORMATION:  
HOW TO GET TO THE SYMPOSIUM

*From Tegel Airport*

Take the bus 128 to the station "Kurt-Schumacher-Platz", change to U-Bahn U6 to the station "Stadtmitte", turn into "Leipziger Straße", the NH Hotel Berlin-Mitte is right on the corner to "Friedrichstraße".  
Duration: about 30 minutes · Taxi costs: about 20,00 €

*From Schönefeld Airport*

Take the bus 171 to the station "Rudow", change to U-Bahn U7 to the station "Mehringdamm", change to U-Bahn U6 to the station "Stadtmitte", turn into "Leipziger Straße", the NH Hotel Berlin-Mitte is right on the corner to "Friedrichstraße".  
Duration: about 50 minutes · Taxi costs: about 40,00 €

Underground Station: "Stadtmitte", Line U2

SITEMAP



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EADSM

EUROPEAN ACADEMY  
OF DENTAL SLEEP MEDICINE

3<sup>rd</sup> Symposium on  
Dental Sleep Medicine  
by the European Academy of  
Dental Sleep Medicine (EADSM)

Berlin, 3/4 October 2008

Programme

[www.eadsm.org](http://www.eadsm.org)

INVITATION

Dear colleagues,

It is both a great honour and a pleasure to invite you to the 3<sup>rd</sup> Dental Sleep Medicine Symposium of the European Academy of Dental Sleep Medicine to be held on October 3<sup>rd</sup> and 4<sup>th</sup> 2008.

The former EdeSA, (European Dental Sleep Medicine Academy), has chosen Berlin, Germany, as the venue for the re-launch of the academy under the new name European Academy of Dental Sleep Medicine (EADSM).

The EADSM offers a scientific platform for dentists and physicians, to enable interdisciplinary exchange to promote best practice in the dental treatment of sleep-related breathing disorders. The EADSM provides a forum for colleagues with a special interest in dental sleep medicine within Europe and members will benefit from our shared knowledge and network of like-minded colleagues.

We are pleased that so many well respected European dental sleep professionals support our initiative and will speak at our forthcoming conference in Berlin. The introductory course will be an updated version of the highly successful course for beginners held by the former EdeSA in 2005. The symposium on the Saturday, October 4<sup>th</sup> 2008 will provide delegates with the most up to date clinical and scientific evidence based information on oral appliance therapy as well as the pathophysiology of sleep-related breathing disorders.

We are happy to report that several highly respected manufacturers and laboratories have chosen to support our conference. As always, conference delegates will have ample opportunity to view the latest innovations and learn about the latest products from our commercial supporters.

On the evening of Friday, October 3<sup>rd</sup> a ‘Get Together’ dinner has been arranged which will allow colleagues from all over the world to get to know each other and to exchange experiences from the exciting and rapidly evolving science of dental sleep medicine.

Berlin and the European Academy of Dental Sleep Medicine promise a scientific symposium to remember. We look forward to meeting you!

The EADSM board  
Quentin Jones, D.D.S., M.Phil (United Kingdom)  
Anette Fransson, D.D.S., PhD (Sweden)  
Jef Nelissen, D.D.S. (Belgium)  
Ass. Prof. Marie Marklund, D.D.S. PhD (Sweden)  
Susanne Schwarting, D.D.S. (Germany)  
Marc Lefèvre, DCD, DSO (United Kingdom)  
Nikolaus Netzer, M.D., PhD (Germany)

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FRIDAY, 3 OCTOBER 2008

08:30 – 19:00	<b>Registration</b>
	<b>EADSM Introductory Course: Oral appliances in the treatment of sleep disordered breathing</b>
Chair:	<i>Simon-Quentin Jones, D.D.S., M.Phil., United Kingdom</i>
09:00 – 10:00	<b>Introduction to sleep disordered breathing Treatment of obstructive sleep apnea (CPAP Surgery)</b> <i>Jo Leysen, M.D., ENT Consultant, Sleep Physician, Belgium</i>
10:00 – 10:30	<b>Medical consequences of sleep disordered breathing</b> <i>Nikolaus Netzer, M.D., PhD, Sleep Physician, Germany</i>
10:30 – 11:00	Coffee break
11:00 – 11:30	<b>Oral appliances and their biomechanics</b> <i>Marc Lefèvre, DCD, DSO, United Kingdom</i>
11:30 – 12:00	<b>Evidence on oral appliance treatment</b> <i>Marie Marklund, Assoc. Prof., D.D.S, PhD, Sweden</i>
12:00 – 12:30	<b>15-year experience in dental sleep medicine: Cases – effects and side effects</b> <i>Anette Fransson, D.D.S., PhD, Sweden</i>
12:30 – 13:30	Lunch break
13:30 – 14:00	<b>Bite registration, fitting and titration of oral appliances</b> <i>Susanne Schwarting, D.D.S., Germany</i>
14:00 – 14:30	<b>Side effects of oral appliances</b> <i>Julia Cohen-Lévy, D.D.S., M.S., France</i>
14:30 – 15:30	<b>Clinical protocol for oral appliance treatment</b> <i>Jef Nelissen, D.D.S., Olivier Vanderveken, M.D., PhD, Belgium</i>

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15:30 – 16:00	Coffee break
16:00 – 16:20	<b>Dental sleep medicine: different approaches in Europe</b> <i>Roy Dookun, BDS., MFGDP(UK), MGDSRCS(ENG), FFGDP(UK), United Kingdom</i>
	<b>Workshop</b>
Chairs:	<i>Susanne Schwarting, D.D.S., Germany Jef Nelissen, D.D.S., Belgium</i>
16.30 – 17.10	<b>How to use OAs to treat the ‘untreatable’ CPAP</b> <i>Gail Demko, D.D.S., USA</i>  <b>The importance of nasal pharyngeal airway resistance on health.</b> <i>Mark Abramson, D.D.S., USA</i>
17:30 – 18:30	<b>General assembly EADSM</b>
19:30	Get Together Dinner

SATURDAY, 4 OCTOBER 2008

08:30 – 17:00	<b>Registration</b>
	<b>EADSM Scientific Symposium</b>
09:00 – 09:10	<b>Welcome EADSM President</b> <i>Quentin Jones, D.D.S., M.Phil., United Kingdom</i>
	<b>Greeting national DGZS president</b> <i>Susanne Schwarting, D.D.S., Germany</i>
Chairs:	<i>Olivier Vanderveken, M.D., PhD, Belgium Marie Marklund, Assoc. Prof., D.D.S., PhD, Sweden</i>
09:10 – 09:45	<b>Evidence for sleep apnea treatment and oral appliances (OAs)</b> <i>Karl Franklin, Assoc. Prof., M.D., Sweden</i>
09:45 – 10:15	<b>OAs and the upper airway</b> <i>Bernard Fleury, M.D., France</i>
10:15 – 10:45	<b>OAs and endothelial function</b> <i>Frédéric Gagnadoux, M.D., PhD, France</i>
10:45 – 11:15	Coffee break and industrial exhibition

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Chairs:	<i>Bernard Fleury, M.D., France Susanne Schwarting, D.D.S., Germany</i>
11:15 – 11:45	<b>OA types and prediction</b> <i>Olivier Vanderveken, M.D., PhD, Belgium</i>
11:45 – 12:15	<b>A randomized prospective long-term study of two oral appliances for OSA treatment</b> <i>Edmund Rose, D.D.S., M.D., PhD, Germany</i>
12:15 – 13:30	Lunch break and industrial exhibition
Chairs:	<i>Edmund Rose, D.D.S., M.D., PhD, Germany Anette Fransson, D.D.S., PhD, Sweden</i>
13:30 – 14:00	<b>Oral appliances versus CPAP in OSAS management</b> <i>Arnoud Hoekema, D.M.D., PhD, The Netherlands</i>
14:00 – 14:30	<b>Can we predict success with mandibular advancement splints in OSA</b> <i>Ama Johal, B.D.S, M.SC., PhD, F.D.S., United Kingdom</i>
14:30 – 14:45	<b>Prediction based on cephalometry</b> <i>Michiel HJ Doff, D.D.S., The Netherlands</i>
14:45 – 15:15	Coffee break and industrial exhibition
Chairs:	<i>Aarnoud Hoekema, PhD, D.M.D., The Netherlands Marc Lefèvre, DCD, DSO, United Kingdom</i>
15:15 – 15:30	<b>The effects of a mandibular advancement device on OSA: a placebo-controlled RCT</b> <i>Ghizlane Aarab, D.D.S., The Netherlands</i>
15:30 – 16:00	<b>Growth and OAs in children</b> <i>Timo Peltomäki, Professor, D.D.S., PhD, Switzerland</i>
16:00 – 17:00	<b>General discussion on dental sleep medicine in Europe</b> <i>EADSM board and delegates</i>