

# 5<sup>th</sup> Symposium on Dental Sleep Medicine



**Joint Symposium of the DGSZ  
German Society of Dental Sleep Medicine  
and the EdeSA  
European Dental Sleep Medicine Academy**



as a Satellite Symposium of the  
World Association of Sleep Medicine (WASM)

**Berlin, Germany  
14 - 15 October 2005**

bcc Berliner Congress Center  
Alexanderplatz 3  
D-10178 Berlin  
[www.bcc-berlin.de](http://www.bcc-berlin.de)

## Societies

**Deutsche Gesellschaft schlaftherapeutisch  
tätiger Zahnmediziner e.V.**

[www.dgsz.de](http://www.dgsz.de) ♦ [info@dgsz.de](mailto:info@dgsz.de)

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and the

**European Dental Sleep Medicine Academy**

[www.edesa.org](http://www.edesa.org) ♦ [info@edesa.org](mailto:info@edesa.org)

Ghent, Belgium

## Chairs

Susanne Schwarting, DDS, DGSZ President

Miche De Meyer, DDS, EdeSA President

## Venue

**bcc Berliner Congress Center**

Alexanderplatz 3, [www.bcc-berlin.de](http://www.bcc-berlin.de)

**Park Inn Berlin Alexanderplatz**

Alexanderplatz 8, [www.parkinn.com](http://www.parkinn.com)

**Radisson SAS Hotel**

Karl-Liebknecht-Str. 3, [www.berlin.radissonsas.com](http://www.berlin.radissonsas.com)

## CE Credits

Oct 14, 2005 6 CE

Oct 15, 2005 6 CE

## Registration/Exhibition

Porstmann Kongresse GmbH

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D-10179 Berlin

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E-mail: [dgsz@porstmann-kongresse.de](mailto:dgsz@porstmann-kongresse.de)

[www.porstmann-kongresse.de](http://www.porstmann-kongresse.de)

## Exhibitors

Scheu-Dental GmbH

Orthosleep-19 GmbH

Erkodent GmbH

Klinik ABC Bogen GmbH & Co KG

## Hotels

You can make a reservation in the Hotel Park Inn  
Berlin Alexanderplatz. Please mark on the  
registration form.

More hotels see **[www.wasm2005.org](http://www.wasm2005.org)**

## Registration (by October 4, 2005)

please fax to: **+49 (0)30 284499-11 Porstmann Kongresse**

I register for (please tick):

**EdeSA Introductory Course Oct 14, 2005:**

☐ EdeSA Member 150 € ☐ Nonmember 325 €

**Get together 14.10.05: 35 €/p. incl. Buffet**

☐ 1 person ☐ 2 persons

**Symposium 15.10.05**

☐ Member 150 € ☐ Nonmember 300 €

**Joint Sleepers Party (WASM/DGSM) 15.10.05: 35 €**

☐ 1 person ☐ 2 persons

**Please charge Euro \_\_\_\_\_ to my**

☐ Master Card ☐ Visa Card

**Card Number:** \_\_\_\_\_

**Exp. Date:** \_\_\_\_/\_\_\_\_

**Card holder:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

## Hotelreservation

☐ yes ☐ no

Park Inn Berlin Alexanderplatz

☐ single room (140€) ☐ double room (166€)

Date of Arrival: \_\_\_\_\_ Date of Departure: \_\_\_\_\_

**Address** ☐ Dentist ☐ Physician

**Name:** \_\_\_\_\_

**Street:** \_\_\_\_\_

**ZIP-Code, City:** \_\_\_\_\_

**Country:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

(Your registration and hotel reservation will be confirmed.)

## Friday, October 14, 2005

(Park Inn Berlin Alexanderplatz)

### EdeSA

#### Introductory Course

#### Oral Appliances in the Treatment of Sleep Disordered Breathing

Chair: Miche De Meyer, DDS, Belgium

09:00 **Introduction to Sleep Disordered Breathing**

*Jo Leysen, MD, ENT Consultant, Belgium*

10:30 Coffee Break

11:00 **Oral Appliances and their Biomechanics**

*Robert Jagger, DDS, United Kingdom*

11:30 **Guidelines and Interdisciplinary Collaboration**

*Susanne Schwarting, DDS, Germany*

12:00 **Evidence for Oral Appliance Treatment**

*Marie Marklund, DDS, PhD, Sweden*

12:30 Lunch

13:30 **Medical Consequences of Sleep Disordered Breathing**

*Nikolaus Netzer, MD, PhD.  
Sleep Physician, Germany*

14:15 **Predictors and Effectiveness of Oral Appliance Therapy**

*Anette Fransson, DDS, PhD, Sweden*

14:45 Coffee Break

15:15 **Clinical Protocol for Oral Appliance Treatment**

*Jef Nelissen, DDS, Belgium*

**20:00 Get Together EdeSA and DGSZ**  
with Fund Raising Dinner to Support Scientific Projects on Dental Sleep Medicine

#### Meier-Ewert Award Ceremony

Radisson SAS Hotel

## Saturday, October 15, 2005, morning

(Park Inn Berlin Alexanderplatz)

### Symposium on Dental Sleep Medicine

#### EdeSA Morning Meeting

Chair: Miche De Meyer, DDS, Belgium

09.00 **Workshop:**  
**Screening for Sleep Disordered Breathing**

*Helmut Teschler, MD, PhD, Essen, Germany*

10.30 Coffee Break

11.00 **Oral Appliance Therapy in Sleep Disordered Breathing - A European Perspective**

*Moderator: Jef Nelissen, DDS, Belgium*

*Speakers:*

*National Representatives of the European Countries*

12:00 Lunch and Exhibitions

#### DGSZ Parallel Session (German) – bcc

**09:00 – 12:00**

**Symposium of the German Society of Dental Sleep Medicine (DGSZ)**

**[www.dgsz.de](http://www.dgsz.de)**

- Subject to modifications -

## Saturday, October 15, 2005, afternoon

(bcc – Berliner Congress Center)

### Symposium on Dental Sleep Medicine

Joint Symposium of the DGSZ

(German Society of Dental Sleep Medicine)

and the EdeSA

(European Dental Sleep Medicine Academy)

Chairs: Susanne Schwarting, DDS, *DGSZ President*  
Miche De Meyer, DDS, *EdeSA President*

13:00 **Dental Sleep Medicine in Europe**

*Miche De Meyer, DDS  
University Ghent, Belgium*

13:10 **Oral Appliance Therapy in the United States**

*Robert Rogers, DMD, USA, Founding President ADSM*

13:25 **Genetic Contributions to Obstructive Sleep Apnea**

*Kingman Strohl, MD, PhD, Cleveland, Ohio*

13:50 **Efficacy and Co-Morbidity of Oral Appliances in OSAHS Management: A Systematic Review and Preliminary Results of a Randomised Trial**

*Aarnoud Hoekema, DDS  
University Hospital Groningen, The Netherlands*

14:30 **Guidelines for Oral Appliance Therapy**

*Max Hirshkowitz PhD, A.C.P., Houston, Texas*

14:55 Coffee Break and Exhibition

15:25 **Role of Dentistry in Obstructive Sleep Apnea Syndrome**

*Makoto Kikuchi, DDS, PhD, Tokyo, Japan*

15:45 **Mandibular Advancement Devices and Treatment Success**

*Marie Marklund, DDS, PhD, University Umea, Sweden*

16:10 **Improvement of Oral Appliance Treatment: Implementing a Quality Management System**

*Edmund Rose, DDS, MD, PhD, Freiburg, Germany*

16:30 **Discussion**

#### 17:00 World Association of Sleep Medicine (WASM) Opening Ceremony

For WASM Congress separate registration required:  
[www.wasm2005.org](http://www.wasm2005.org)

#### 19:30 Joint Sleepers Party (WASM/DGSM)

Axel Springer Passage