



World Association of Sleep Medicine  
WASM  
Berlin, 15 - 18 October 2005

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#### Breakfast Course 8

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**Monday, October 17, 2005**

07:30 - 08:30

#### **BC 08 Oral Appliances in the Treatment of Snoring and Sleep Apnea**

Chair

**Schwartz S. (Kiel/D)**

Oral appliances are an established treatment option for simple snoring and obstructive sleep apnea and dentists play an increasing role in managing the care of patients with sleep-related breathing disorders.

This course gives an overview on

- mechanism of action of mandibular advancement devices
- types of oral appliances
- scientific data
- guidelines



[Course Objective](#)